

**PATIENT INFORMATION LEAFLET
ZARTAN RANGE**

SCHEDULING STATUS:

S3

PROPRIETARY NAME (and dosage form):**ZARTAN 100 MG** (film coated tablets)**ZARTAN 50 MG** (film coated tablets)**ZARTAN 25 MG** (film coated tablets)**ZARTAN 12,5 MG** (film coated tablets)**Read this entire leaflet carefully before you start taking this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor or pharmacist.
- This medicine has been prescribed for you personally and you should not share your medicine with other people. It may harm them, even if their symptoms are the same as yours.

1. WHAT ZARTAN CONTAINS:

ZARTAN film coated tablets contains 100, 50, 25 or 12,5 mg of losartan potassium as the active ingredient, respectively

In addition, **ZARTAN** tablets contain the following inactive ingredients: croscarmellose sodium, hypromellose, magnesium stearate, mannitol, microcrystalline cellulose, propylene glycol, povidone, purified talc and titanium dioxide.

2. WHAT ZARTAN IS USED FOR?

ZARTAN has been prescribed to you by your doctor or healthcare professional because you have a condition known as hypertension “high blood” or high blood pressure.

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3. BEFORE YOU TAKE ZARTAN

Do not take ZARTAN:

- If you are hypersensitive to any ingredient of this product.
- If you are pregnant or breastfeeding
- If you are a child

Take special when taking ZARTAN:

- Tell your doctor or pharmacist about any medical problems you have or have had, and about any allergies. Tell your doctor if you have recently suffered from excessive vomiting or diarrhoea. It is particularly important to tell your doctor if you have liver or kidney disease.
- If you are taking high-dose diuretics
- If you are an elderly patient or if you have problems with your kidneys the potassium levels in your body should be carefully monitored.
- If you have problems with your liver your doctor or healthcare professional could consider to half your dose

Can I take ZARTAN with food and drink?

In general, **ZARTAN** does not interact with food or drink.

Pregnancy and Breast-feeding

The use of **ZARTAN** while you are pregnant or breast feeding is not recommended. If you are pregnant or suspect that you are pregnant while taking **ZARTAN**, stop taking **ZARTAN** and talk to your doctor or healthcare professional as soon as possible.

Can I drive or operate machinery while using ZARTAN?

Almost all patients can, but you should not perform tasks which may require special attention (for example, driving an automobile or operating dangerous machinery) until you know how you tolerate your medicine.

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Taking ZARTAN with other medicines

If you are taking other medicines on a regular basis including complementary medicines together with ZARTAN tablets, it may cause undesirable interactions. Please consult your doctor, pharmacist or other health care professional for advice.

Combinations containing any of the following medications, depending on the amount present, may also interact with ZARTAN tablets:

- Anti-inflammatory drugs, NSAIDs, especially indomethacin
- Blood from blood banks
- Cyclosporine
- Potassium-sparing diuretics, potassium containing medication or potassium supplements

4. HOW SHOULD I TAKE ZARTAN?

DO NOT SHARE MEDICINES PRESCRIBED FOR YOU, WITH OTHERS.

Take ZARTAN every day, exactly as your doctor has instructed. It is important to continue taking ZARTAN for as long as your doctor prescribes it to control your blood pressure.

The recommended starting dose of ZARTAN is 50 mg per day to control blood pressure over the 24-hour period.

The dose may be increased to 100 mg once daily.

A starting dose of 25 mg once daily may be used in the elderly patient over 75 years, and for patients with renal impairment.

A reduced dose should also be considered for patients with hepatic impairment.

For convenience and to help you remember, try to take ZARTAN at the same time each day.

What should I do if I have taken more ZARTAN than I should?

In case of an overdose, contact your doctor, hospital or poison control centrum immediately so that medical attention may be given promptly.

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What should I do if I forgot to take a dose?

Try to take **ZARTAN** daily as prescribed. However, if you miss a dose, do not take an extra dose. Just resume your usual schedule.

5. POSSIBLE SIDE EFFECTS

What undesirable effects may **ZARTAN** have?

Any medicine may have undesirable effects, so-called side-effects. Most patients do not have side-effects from **ZARTAN**; however, some patients may experience dizziness, light-headedness, rash or hives. Your doctor or pharmacist has a more complete list. Tell your doctor or pharmacist promptly about these or any other unusual symptom.

If you develop an allergic reaction involving swelling of the face, lips and/or tongue, shortness of breath or wheezing, stop taking **ZARTAN** immediately, and contact your doctor or healthcare professional.

6. STORING AND DISPOSING OF **ZARTAN**

How should I store **LOSARTAN**?

Store **ZARTAN** in a dry place below 25°C.

Do not store your medicine in the bathroom. Do not use your medicine after the expiry date stated on the label.

Return all unused medicine to your pharmacist. Do not dispose of unused medicines in drains or sewerage systems.

KEEP ZARTAN AND ALL MEDICINES OUT OF REACH AND SIGHT OF CHILDREN.