

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

S2

PROPRIETARY NAME AND DOSAGE FORM

DYNA PENTOXIFYLLINE 400 mg SR, film coated tablet

Read all of this leaflet carefully because it contains important information for you

DYNA PENTOXIFYLLINE 400 mg SR is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **DYNA PENTOXIFYLLINE 400 mg SR** carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **DYNA PENTOXIFYLLINE 400 mg SR** with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. WHAT **DYNA PENTOXIFYLLINE 400 mg SR** CONTAINS

The active substance is pentoxifylline. Each **DYNA PENTOXIFYLLINE 400 mg SR** tablet contains 400 mg pentoxifylline.

The other ingredients are: carnauba wax, cellulose acetate, erythrosine dye, hypromellose, Indigo Carmine Lake, lactose monohydrate, magnesium stearate, purified stearic acid, titanium dioxide, triacetin.

DYNA PENTOXIFYLLINE 400 mg SR contains sugar.

2. WHAT DYNA PENTOXIFYLLINE 400 mg SR IS USED FOR

DYNA PENTOXIFYLLINE 400 mg SR belongs to a group of medicines called peripheral vasodilators. It works by increasing the blood flow to the arms and legs.

DYNA PENTOXIFYLLINE 400 mg SR can be used to treat:

- Peripheral vascular disease (poor circulation to the arms and legs including ulcers).
- The symptoms of intermittent claudication (pain when walking or when at rest, caused by poor circulation to the legs).
- The symptoms of Raynaud's syndrome (pain in the fingers caused by artery spasms).

3. BEFORE YOU TAKE DYNA PENTOXIFYLLINE 400 mg SR

Do not take **DYNA PENTOXIFYLLINE 400 mg SR**:

- if you are hypersensitive (allergic) to pentoxifylline or other methyl xanthine medicines or any of the other ingredients of **DYNA PENTOXIFYLLINE 400 mg SR** (see **WHAT DYNA PENTOXIFYLLINE 400 mg SR CONTAINS**)
- if you have heart problems or have recently had a heart attack
- if you have severe palpitations (very fast and uneven heartbeats)
- if you have had a stroke with bleeding in the brain (cerebral haemorrhage)
- if you have had bleeding in the eye (retinal haemorrhage)
- if you are pregnant or breastfeeding your baby (see **Pregnancy and Breastfeeding**)
- if you have porphyria (a rare hereditary disease affecting the blood pigment with symptoms such as dark urine and extreme sensitivity of the skin to light).

Take special care with DYNA PENTOXIFYLLINE 400 mg SR

- if you feel dizzy, light-headed or faint when you stand or sit up too quickly (low blood pressure)
- if you are on medication for high blood pressure

- if you have problems with the blood supply to your heart caused by hardening or narrowing of the arteries
- if you are prone to increased bleeding and you are using blood clotting medication
- if you have liver or kidney problems
- if you have diabetes and use insulin for this condition.

Taking DYNA PENTOXIFYLLINE 400 mg SR with food and drink:

DYNA PENTOXIFYLLINE 400 mg SR should be taken after meals, swallowed whole with sufficient amounts of liquid (approximately half a glass).

Pregnancy and Breastfeeding:

Do not take **DYNA PENTOXIFYLLINE 400 mg SR** if you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking **DYNA PENTOXIFYLLINE 400 mg SR** (see **BEFORE YOU TAKE DYNA PENTOXIFYLLINE 400 mg SR**).

Driving and using machinery:

DYNA PENTOXIFYLLINE 400 mg SR can cause dizziness. Do not drive a vehicle or operate machines until you know how **DYNA PENTOXIFYLLINE 400 mg SR** will affect you.

Important information about some of the ingredients of

DYNA PENTOXIFYLLINE 400 mg SR:

DYNA PENTOXIFYLLINE 400 mg SR contains lactose monohydrate which may have an effect on the control of your blood sugar if you have diabetes mellitus. Patients with the rare hereditary conditions of lactose or galactose intolerance should not take **DYNA PENTOXIFYLLINE 400 mg SR**.

Taking other medicines with DYNA PENTOXIFYLLINE 400 mg SR:

Always tell your healthcare provider if you are taking any other medicine. (This includes complementary or traditional medicines).

Medicines that may interact with DYNA PENTOXIFYLLINE 400 mg SR:

- Medicines for diabetes including tablets or insulin (high doses of **DYNA PENTOXIFYLLINE 400 mg SR** may enhance the effects of these medicines).
- Medicines for high blood pressure (**DYNA PENTOXIFYLLINE 400 mg SR** may increase the effect of these medicines).
- Anticoagulants such as warfarin (medicine used to thin your blood).
- Ketorolac or meloxicam (anti-inflammatory medicines used for pain relief as there is an increased risk of bleeding and/or the time it takes for blood to clot).
- Theophylline used to treat wheezing or difficulty in breathing (blood levels of theophylline may increase leading to an increase in the side effects of theophylline).
- Cimetidine (anti-histamine) as this may make the effect of **DYNA PENTOXIFYLLINE 400 mg SR** stronger.

4. HOW TO TAKE DYNA PENTOXIFYLLINE 400 mg SR

Do not share medicines prescribed for you with any other person.

Always take **DYNA PENTOXIFYLLINE 400 mg SR** exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is one **DYNA PENTOXIFYLLINE 400 mg SR** tablet taken two to three times daily after meals, swallowed whole with sufficient amounts of liquid (approximately half a glass). If you have the impression that the effect of **DYNA PENTOXIFYLLINE 400 mg SR** is too strong or too weak, tell your doctor or pharmacist.

DYNA PENTOXIFYLLINE 400 mg SR is not suitable for use in children.

If you take more DYNA PENTOXIFYLLINE 400 mg SR than you should

In the event of an overdose, contact your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

The following side effects may occur: fever, faintness, flushing, hypotension (low blood pressure), drowsiness, feeling agitated and seizures (fits).

If you forget to take a dose of DYNA PENTOXIFYLLINE 400 mg SR:

If you forget to take a **DYNA PENTOXIFYLLINE 400 mg SR** tablet, take one as soon as you remember. Do not take a double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS

DYNA PENTOXIFYLLINE 400 mg SR can have side effects. Not all side effects reported for **DYNA PENTOXIFYLLINE 400 mg SR** are included in this leaflet. Should your general health worsen, or if you experience any untoward effects while taking **DYNA PENTOXIFYLLINE 400 mg SR**, please consult your healthcare provider for advice.

If any of the following happens, stop taking **DYNA PENTOXIFYLLINE 400 mg SR** and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of the hands, feet ankles, lips, mouth or throat which may cause difficulty in swallowing or breathing
- rash or itching
- fainting
- yellowing of the skin and eyes, also called jaundice.

These are all very serious side effects. If you have them, you may have had a serious reaction to **DYNA PENTOXIFYLLINE 400 mg SR**. You may need urgent medical attention

or hospitalisation.

Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- you bruise more easily than usual. This could be because of a blood disorder (thrombocytopenia)
- increased or fast heart beat (tachycardia), irregular or rapid heartbeat accompanied with shortness of breath (palpitations)
- chest pain accompanied with pain in your arms, neck, jaw, shoulder or back (angina)
- seizures with no history of seizures, lack of concentration, blurred vision, nausea or heavy bleeding (haemorrhage)
- malaise or fatigue, clay coloured or white stools, dark coloured urine, inability to digest certain foods, you feel tired, sick and have no appetite.

These are all serious side effects. You may need urgent medical attention.

Tell your doctor if you notice any of the following:

- feeling agitated, sleep disturbances
- dizziness, headache, fever, chills, body ache
- nausea, localised pain below the ribs, vomiting, diarrhoea, stomach discomfort, bloating, feeling of fullness
- low blood pressure
- difficulty breathing because the airways have narrowed, coughing, wheezing, tightness or pressure in the chest
- flushing of the skin, hot flushes, red or white patches on the skin that vary in size and shape, inflammation of the skin, itchy skin.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. STORING AND DISPOSING OF DYNA PENTOXIFYLLINE 400 mg SR

Store at or below 25 °C.

Keep the container well closed.

Keep the blister in the outer carton until required for use.

KEEP OUT OF REACH OF CHILDREN.

Do not use after the expiry date stated on the label and carton.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).